

# FRESNO COUNTY MENTAL HEALTH SERVICES

## ADULT SERVICES

### **Older Adult and Specialty Services Division (559) 453-6666 or (559) 488-3385**

- a. Adult Protective Services, assistance to elderly and dependent adults, information and linkage to community resources
- b. In-Home Supportive Services (IHSS)
- c. Older Adult Mental Health outpatient and rehabilitation services

### **Community Living Division (559) 453-3509**

- a. Conservatorship Services
- b. Residential Services
- c. Regional Services (for information about clinics, call (559) 488-3927)

### **Community Integration and Employment (559) 455-2061**

- a. Day Treatment Programs
- b. Employment and related supportive programs
- c. Southeast Asian Mental Health Team
- d. Peer Support and Recovery Program (including the self-help and advocacy of the United Consumer Advocacy Network -UCAN)
- e. Transition Age Youth Services (for severely emotionally disturbed youth from 16-22 years of age) (559) 453-8918

### **Community Mental Health Outreach Division (559) 453-4099**

- a. Metro Mental Health Multidisciplinary Teams for therapeutic and case management services.
- b. Homeless Mentally Ill therapeutic and case management services.
- c. Substance Abuse and Mental Health Treatment and Recovery Services for combined disorders.
- d. Medication Services Team for medication education and assistance in administering drug treatment therapy and management of Medication Clinics.

### **Administration (559) 253-9180**

- a. Substance Abuse Program, day treatment habilitation, narcotic replacement therapy and outpatient drug-free program.
- b. Housing Development Services, coordinator to address needs for traditional and nontraditional housing alternatives.
- c. Prevention and Education to develop broad community understanding and awareness on mental illness and promoting a healthy lifestyle for consumers, caregivers, school personnel and other interested parties.

## **ADULT AND CHILDREN'S SERVICES**

### **Intensive Services (559) 453-5702**

- a. Crisis Management Response Team provides interdisciplinary, community-based crisis intervention and relapse prevention services; culturally diverse services
- b. Psychiatric Assessment Center for Treatment, crisis stabilization clinic.
- c. Psychiatric Health Facility, 24-hour acute inpatient care.
- d. Emergency Psychiatric Services, 24-hour crisis evaluation
- e. Apollo Residential Facility, for mentally ill adults aged 18-59 for short-term rehabilitation (559) 498-0241
- f. Jail Assessment Team for crisis assessment, intervention, brief treatment and care, referrals, pre-release discharge counseling and assistance.

## **CHILDREN'S SERVICES**

### **Outpatient, Adolescent and School-Based Services (559) 453-8918**

- a. Early Mental Health Initiative, prevention programs for children in kindergarten through third grade.
- b. K-Six (6) Program, intervention program to keep elementary children in school, includes a mental health component.
- c. School-based Outpatient Services, mental health services available at some school sites.
- d. Pre-Adolescent Day treatment, intensive day treatment services for children ages 8-12 who exhibit severe emotional, learning and behavioral problems.
- e. Adolescent Day Treatment, a habilitative day treatment program for children ages 12-14 who need intensive services to cope with severe emotional and behavioral problems.
- f. Outpatient services, including assessment, crisis intervention, case management, individual, group and family therapy, psychiatric evaluation and medication.

### **Crisis Mental Health Services (559) 457-4409**

- a. Children's Mental Health Crisis Service, a 24-hour Crisis Center and Crisis Response Team for crisis assessment, intervention and stabilization.

### **Court, Family and Infant/Toddler Services (559) 453-8405**

- a. Family and Court Mental Health Services, provides mental health recommendations to the Juvenile Court system and provides treatment to children and families
- b. Infant and Toddler Mental Health Services, preventive and proactive services to families with infants or toddlers to ensure safety and family wellness.